



The Family Center for Autism

2020 Spring Session
March 16th - June 7th

(Closed April 12th & May 25th)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soap Making for Adults 4:00 - 5:00 pm	Art Lessons & Therapy Appointments Available 4:00 - 8:00 pm (call for more info)		Art Lessons & Therapy Appointments Available 5:30 - 8:00 pm (call for more info)	Teen & Young Adult Social Scene 6:00 - 8:30 pm	Children's Junk Art 9:30 - 10:30 am	Children's Karate 10:00 - 11:00 am New Class!
Soap Making for Teens 5:00 - 6:00 pm	Adult Culinary Connections 5:30 - 7:00 pm		T2: Technology Thursday 5:30 - 7:30 pm		Children's Music & Movement 9:30 - 10:30 am	Tiny Tot's Karate 11:00 am - 12:00 pm New Class!

Spring Specials!

20% off all Sunday Classes!

Buy 1 class get \$50 off every additional class you purchase
(does not apply to Sunday classes)

The Family Center for Autism's Insurance-Based Social Skills Training Now Open on Saturdays & Sunday!

Our unique program, which is facilitated by a NYS Licensed and Board Certified Behavior Analyst, helps individuals with Autism build their social skills and strengthen their confidence while interacting with their peers. We incorporate art, games, activities, teamwork challenges, and discussion to develop skills and create positive connections with others in a fun and active environment!

Saturday

9:30 - 11:00 am - Bright Beginners (5 to 9 years old)
11:30 am - 1:00 pm - Kool Kids (10 to 13 years old)
1:30 - 3:00 pm - Bright Beginners (5 to 9 years old) ***New Time!**

Sunday

9:00 - 10:30 am - Play Pals (3 to 5 years old) ***New Time!**
10:00 - 11:30 am - Breakfast Club (14 to 18 years old)
12:30 - 2:00 pm - Play Pals (3 to 5 years old)
2:30 - 4:00 pm - Kool Kids (10 to 13 years old)

If your health insurance covers Applied Behavior Analysis your child may be eligible to join. Please note that group placement is determined by the outcome of the assessment. Keep your eyes out for more days, times, and age groups to be added in the near future!

For more information, please contact Catherine Lamb, MA, BCBA, LBA at clamb@lifeworc.org or (516) 741-9000 ext. 9390!

New & Exciting Classes!



Karate

Children's Karate - 10:00 - 11:00 am **New Class!**
Tiny Tot's Karate - 11:00 am - 12:00 pm **New Class!**
Teen Karate - 12:00 - 1:00 pm **New Class!**



Join our new Sunday classes to learn some of the basics of Karate! Participants go through a "circuit-like" training that encompasses fitness and karate fundamentals all while having a great time! We are very excited to offer this program again and look forward to the skills that will be developed in the participants!



Music

Music Creation for Teens & Adults - 2:00 - 3:00 pm **New Class!**
Adult Music - 3:00 - 4:00 pm **New Class!**
Teen Music Makers - 4:00 - 5:00 pm **New Class!**



Join our new Sunday music programs, including Music Creation for Teens & Adults! Participants will work on composing and creating music with everyone participating on their level. Our Adult and Teen Music classes have been rescheduled to different times in the day to give more participants the opportunity to join!

KEY:

Tiny Tot's Classes

Children's Classes

Teen Classes

Adult Classes

Contact Us

Phone: (516) 355-9400

Address: 1517 Franklin Ave., Garden City, NY 11530

Website: www.familycenterforautism.org



Life's WORC
**Family Center
for Autism**

A Light at the End of the Spectrum SM

Teen Technology Saturday 10:00 am - 12:00 pm	Children's Food As Art 10:30 - 11:30 am	Teen Karate 12:00 - 1:00 pm New Class!
Teen Culinary Connections 11:30 am - 1:00 pm	Children's Sensory Art 11:30 am - 12:30 pm	Tiny Tot's Sensory Art 12:00 - 1:00 pm
Children's Sensory Gym Action Time! 11:30 am - 12:30 pm	Children's Roblox 12:00 - 1:00 pm	Children's Roblox 12:00 - 1:00 pm
Teen Music Makers 12:00 - 1:00 pm	Young Adult Culinary Connections 12:30 - 2:00 pm	Young Adult Culinary Connections 12:30 - 2:00 pm
Soap Making for Teens 12:00 - 1:00 pm	Children's Programming 1:00 - 2:00 pm	Children's Programming 1:00 - 2:00 pm
Children's Yoga 12:30 - 1:30 pm	Teen Painting 1:00 - 2:00 pm	Teen Painting 1:00 - 2:00 pm
Teen Baking 1:00 - 2:00 pm	Children's Sensory Gym Action Time! 1:00 - 2:00 pm	Children's Sensory Gym Action Time! 1:00 - 2:00 pm
Teen Zumba Rhythms 1:00 - 2:00 pm	Music Creation for Teens & Adults 2:00 - 3:00 pm New Class!	Music Creation for Teens & Adults 2:00 - 3:00 pm New Class!
Soap Making for Adults 1:00 - 2:00 pm	Tiny Tot's Sensory Gym Action Time! 2:00 - 3:00 pm	Tiny Tot's Sensory Gym Action Time! 2:00 - 3:00 pm
Teen Cartooning 2:00 - 3:00 pm	Children's Food as Art 2:00 - 3:00 pm	Children's Food as Art 2:00 - 3:00 pm
Teen Yoga 2:00 - 3:00 pm	Teen Movement 2:00 - 3:00 pm	Teen Movement 2:00 - 3:00 pm
Adult Zumba Rhythms 2:00 - 3:00 pm	Adult Paint Party! 2:00 - 3:00 pm	Adult Paint Party! 2:00 - 3:00 pm
Children's Sensory Music 2:00 - 3:00 pm	Adult Music 3:00 - 4:00 pm New Time!	Adult Music 3:00 - 4:00 pm New Time!
Children's Sensory Gym Social Skills! 3:00 - 4:00 pm	Teen Yoga 3:00 - 4:00 pm	Teen Yoga 3:00 - 4:00 pm
Adult Music Makers 3:00 - 4:00 pm	Children's Sensory Art 3:00 - 4:00 pm	Children's Sensory Art 3:00 - 4:00 pm
Teen Food As Art 3:00 - 4:00 pm	Children's Zumba 4:00 - 5:00 pm	Children's Zumba 4:00 - 5:00 pm
Teen & Adult Sculpting 3:00 - 4:00 pm	Teen Music Makers 4:00 - 5:00 pm New Time!	Teen Music Makers 4:00 - 5:00 pm New Time!
Adult Yoga 3:00 - 4:00 pm		
Children's Sports 3:00 - 4:00 pm		
Ladies' Chai Time 4:00 - 5:00 pm		
Teen Sports 4:00 - 5:00 pm		
Adult Mix-It-Up Art 4:00 - 5:00 pm		
Adult Culinary Connections 4:00 - 5:30 pm		